



WELLNESS LAUNCH EMAIL CAMPAIGN

Manager Email Template

Welcome to Canada's Healthy Workplace Month

Hi everyone,

This month's wellness materials are now available, beginning with Week 1 of Canada's Healthy Workplace Month. Throughout the month, employees can explore weekly themes and featured resources designed to support wellbeing in practical and flexible ways.

To get started, please review the Welcome Kit and complete the Self-Assessment. These resources are a great place to begin and can help you engage with the month in a way that feels meaningful and manageable.

We encourage everyone to take part at their own pace and use the materials that feel most relevant to them.

Thank you,

[Company Name / Team Name]

A ready-to-send email template that managers can use to announce Canada's Healthy Workplace Month, raise awareness, and encourage employees to explore the campaign resources and participate in wellness activities.

